

DAILY PROGRAMMING

EDEN UNIT

ATHLETICS



BOYS & GIRLS CLUB
OF EDEN-LAKE SHORE



1ST & 2ND GRADE TIME

An opportunity for our youngest members to learn the rules of the club and safely play outside games with a staff dedicated member.

TRIPLE PLAY DAILY CHALLENGE

Earn points by participating in physical challenges. Part of the BGCA health & wellness program. Proven to improve basic movement, skills, confidence and motivation.

REC COURT GAMES

Participate in physical recreation games and sports on our Rec Court and Field, right outside the Club! Sharks and minnows, knockout, and capture the flag are only some of the fun games we play on a weekly basis. In the winter, we build snowmen and play ice hockey.

RECREATION ROOM

On a rainy day and during the winter our Recreation Room becomes the center of all physical activity. We do jump the brook, knee hockey, and keep it up in our alternative gym!

EDUCATION



POWER HOUR

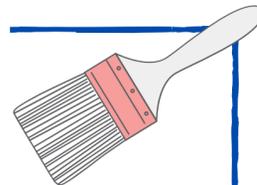
Need help with your homework? Need a quieter to read? Like to work on computers? want to build your own website or video game? Like puzzles? Want to play some educational games with your peers? Join Power Hour! We will help you improve your performance at school.

PROJECT LEARN

Earn points which can be traded in for prizes by completing worksheets and participating in High-Yield Learning Activities.

ARTS

DAILY CRAFT



Use your creative talents to complete the daily craft project by working with clay, ceramics, beads, drawing and painting, boondoggle, sand art, etc. Participate in coloring contests!

SOCIAL REC



GAMES ROOM

Challenge yourself, the Staff, your peers and other members in a variety of Games Room Challenges including: Minute to Win It, Trivia, Hot Wheels Racing, board games, bingo, and tic tac toe.



TEEN ROOM

A spacious room dedicated to our older members. Teens have an xbox, dvd player, and a computer available for them to use.



SPECIALIZED PROGRAMMING



WALKING TRIPS FRIDAYS

Come explore Eden! Walk to local shops, eateries, and sites with a staff member.



BRINDLEY NATURE TRAIL TUESDAYS & THURSDAYS

Explore nature behind the Boys & Girls Club! Fort building, creek walks, and scavenger hunts take place in our alcove in the woods!



EDEN ELEMENTARY PLAYGROUND WEDNESDAYS

Enjoy free time at the playground across the street!